

**Joseph H. Dannenbaum III MS, ATC, LAT, CSCS**

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**EDUCATION**

Applied Exercise Science, Master of Science

Oklahoma State University

Department of Health and Human Performance

Research project: Postpartum weight retention and its effects on rates of obesity and overweight

Graduation: May 2005

Athletic Training

Certification: NATABOC November 2001

Oklahoma State University

Department of Health and Human Performance

Engineering Technology (Electronics) Bachelor of Science

Graduation: December 1983

Texas A&M University

**TEACHING AND CLINICAL EXPERIENCE**

- Instructional Associate Professor, Department of Health and Kinesiology, Texas A&M University (2013-present)
- Instructional Assistant Professor, Department of Health and Kinesiology, Texas A&M University (2008-2013)
- Lecturer, Department of Health and Kinesiology, Texas A&M University (2007-2008)
- Adjunct Instructor Tomball College (Fall 2006)
- Athletic Trainer OSU Equestrian Team 2004/05
- Graduate Assistant Oklahoma State University August 2001 to Dec. 2005
  - Athletic Training Laboratory Assistant (Fall 2003, Spring 2004)
    - Oversee day to day operations (maintenance and upkeep of equipment and supplies)
    - Orientation and supervision of undergraduate students working in the lab
  - A.B. Harrison Human Performance Laboratory Assistant (Spring 2002-Spring 2003)
    - Oversee day to day operations (maintenance and upkeep of equipment and supplies)
    - Orientation and supervision of undergraduate and master students working in the lab

Research (collection, analysis)

Instructor Athletic Training classes (Fall 2003-Spring 2005)

Rehabilitation of Athletic Injuries

Care and Prevention of Athletic Injuries

Therapeutic Modalities

Practicum Courses I, II, & III

Instructor Exercise Physiology labs (Spring 2003-Fall 2005)

Instructor First Aid classes (Fall 2002-Spring 2003)

Instructor Leisure classes (weight training) (Fall 2001-Spring 2002)

- Assistant Athletic Trainer 2001- 2004
  - Tulsa Talons Arena football team
  - Tulsa Oilers Hockey team

## **PREVIOUS WORK EXPERIENCE**

- Hewlett Packard
  - Customer Engineer: San Antonio TX 1984-1987
  - Customer Engineer: Tulsa OK 1987-1991
  - Project Manager/Installation Engineer Wal-mart account team: Tulsa OK 1992-May 1997.
  - Consultant for HP assigned Wal-mart account team: Summer 1998

## **PUBLISHED ABSTRACTS**

- **Salivary TNF-[alpha] and IFN-[gamma] Response to a Collegiate Football Game and Playing season.** S. Rossi, M. Phillips, J. Dannenbaum, S. Shepherd, R. Glass, T. Conrad, S. Roberts, J. Bullard, Oklahoma State University, Harrison Human Performance Laboratory, 74078. *Medicine & Science in Sport & Exercise*, May 2004.

## **COURSES TAUGHT AT TEXAS A&M**

KINE 198

Health and Fitness Aerobic Walking

Health and Fitness Running

Health and Fitness Fitness and Conditioning

Health and Fitness Strength Training

Health and Fitness Strength Training for Females

Health and Fitness Ice Skating

Health and Fitness Hockey

Health and Fitness Hybrid Strength Training

KINE 199

Sports Conditioning

Ice Skating

Racquetball  
Fitness and Conditioning  
Beginning Strength Training  
Beginning Hockey  
Beginning Running  
Beginning Aerobic Walking  
Beginning Country Western Dance  
Intermediate Country Western Dance  
Beginning Racquetball  
Majors Resistance/Flexibility  
Modified  
Personal Training Instructor

### **COURSE DEVELOPMENT**

KINE 199 Intermediate CW (Fall 2013)  
KINE 198 Hockey (Fall 2010)  
KINE 199 Hockey (Spring 2010)  
KINE 198 Hybrid (2010-2011)  
Personal Training Certification (in Progress)  
Exercise Physiology for Strength Coaches (in progress)  
KINE 198 1 hour science option (I will be participating in development once the course is approved)  
KINE 198 3 hour science option (I will be participating in development once the course is approved)

### **RESEARCH EXPERIENCE**

- Inflammatory cytokines during a Football Season- Dr. Melody Phillips
  - Assist with data collection
  - Assist with data analysis
  - Separation of saliva
  - Preparation of microplates
  - Analysis of microplates
- Inflammatory cytokines in Triathletes – Dr. Melody Phillips
  - Assist with data collection
  - Assist with data analysis
  - Separation of saliva
  - Preparation of microplates
  - Analysis of microplates
- Glucose depletion and supplement effectiveness- Dr. Melody Phillips
  - Recruit subjects
  - Assist with data collection
  - Assist with data analysis
  - Blood glucose levels
  - Blood lactate levels

## **RESEARCH SKILLS**

- Microplate reader
- UV-Vis Spectrophotometer
- ParvoMedics 2400Metabolic cart
- EKG analysis
- Body composition analysis
- Isokinetic dynamotor- Biodex
- Hydration analysis (Osmometer and Refractometer)
- Aerobic and Anaerobic fitness assessment-laboratory and field tests
- Blood collection

## **AWARDS**

- Phi Kappa Phi Honor Society
- Finalist Emil Mammaliga Teaching Award (2009-2010)
- Corps Academic Mentor of the Year 2010-2011

## **PROFESSIONAL AFFILIATIONS**

- National Athletic Training Association (NATA)
- National Strength and Conditioning Association (NSCA)

## **CERTIFICATIONS AND LICENSES**

- National Athletic Training Association Board of Certification – Certified Athletic Trainer
- National Strength and Conditioning – Certified Strength and Conditioning Specialist
- Oklahoma Licensed Athletic Trainer
- American Red Cross – Instructor Professional Rescuer
- American Red Cross – CPR for the Professional Rescuer
- American Red Cross – First Aid, CPR and AED certification
- National Registry of Emergency Medical Technicians: First Responder
- Texas Department of State Health Services: Emergency Care Attendant
- Texas Commission on Fire Protection: Fire Fighter Basic, Wildland Fire Fighter Basic
- State Firefighter and Fire Marshal Association: Fire Fighter II certified and accredited

## **SERVICE**

- SWATA Scholarship Committee 2016-present)
- Texas A&M Faculty Senate (Fall 2009- present)
- Caucus Leader CEHD (Fall 2010-Fall 2012)
- Academic Affairs Committee (Fall 2009-fall 2014)
- Legislative Affairs Committee Chair (2010-fall 2014)
- Rules and Regulations Committee (Fall 2007-present)
- Texas A&M Task Force on Athletics
- Freshman Convocation Steering Committee (January 2010-Present)
- Corps of Cadets Academic Mentor (Outfits K-1 and K-2)(Fall 2009-2015)

- Volunteer Fire Fighter/First Responder and instructor Brazos County Precinct 4 Fire Department (2011-present)

### **GUEST LECTURER**

- TEEX Leadership Symposium: Firefighter fitness (national audience of over 900)
- Exercise Presenter for Brazos Bariatric: Exercise for the Obese and Physically Inactive.
- Instructor for Precinct 4 Fire Department
- Instructor for County Fire Fighter Field Day Texas A&M Engineering Extension Service
- Physical Education Activity Program In-service: Current Trend in Stretching and Flexibility, Texas A&M
- Oklahoma University School of Physical Therapy-Tulsa (2004): Athletic Taping Techniques for Prevention of Injury